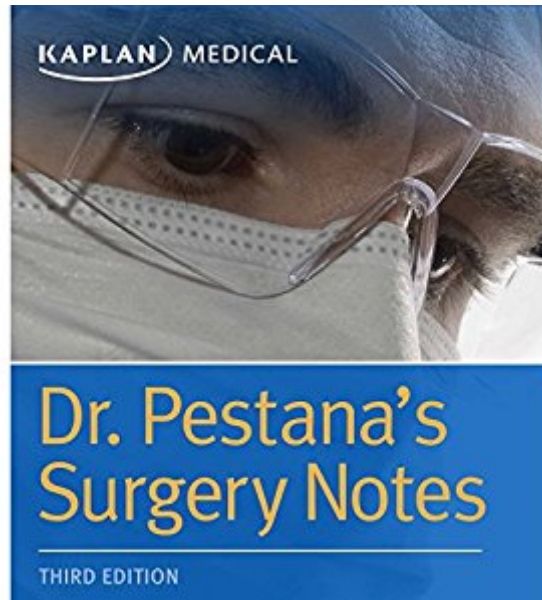




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Dr. Pestana's Surgery Notes



Synopsis

Celebrated by medical students for over a decade and meticulously updated, Dr. Pestana's Surgery Notes is the highest-yield surgery review for the shelf and USMLE Step 2 CK exams. Surgical clerkship allows senior medical students to develop clinical skills and gain a better understanding of surgical disease while caring for patients. But time in the wards is limited, and clerkship covers only a tiny sample of the surgical universe. Dr. Pestana's Surgery Notes, by distinguished surgery instructor Dr. Carlos Pestana, contains the surgery knowledge you need to excel on the surgery shelf exam and USMLE Step 2 CK. Concise high-yield review of core surgery material New audio format for portable review Includes 180 vignettes for self-testing, now even more challenging and exam-like Ten brief essays providing a surgical perspective on selected tools from the diagnostic and therapeutic armamentarium Used and trusted by med students for over a decade Revised and fully up to date

Book Information

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Customer Reviews

Highly recommend this little book. This was the only guide I used to study for the surgery shelf exam - I read the entire book and did all the questions in the back - and I got a 91% in the nation on the test. I did not use any other study materials. Highly recommended!

This is all you need to do well on the shelf exam. I usually averaged around 79 or 80 on shelves- nothing special. But surgery was my second highest score- I got an 86. All I did was read this book twice (it's short so you better be able to pretty much recite it) and did the 100-150 or so UWorld

questions for surgery. And of course pay attention on rotation. But I didn't like start studying from the beginning of the rotation or anything like that. I'm just a middle of the road medical student.

Excellent book

It's a quick read for downtime during your surgery rotation, but my attending asked questions far beyond the basic "high yield" facts in this book. It's a good quick review or even a pre-read, but not complete on its own.

Great book to have in your white coat while on the floor; my surgical rotation was always stop and go, so it's a good idea to carry around something like this. There are a couple hundred questions in the back that are mostly a review of the material covered in the book itself. Explanations are given by a page reference in the text, which is really nice. This book is small and easy to get through multiple times. Definitely the "highest yield" resource I could find for the NBME shelf exam. Would be a mistake to not use it, but don't expect a textbook.. this is literally just a book of high yield facts.

This is a great book to use in preparation for the surgery shelf. It's written in a concise, interesting and easily comprehensible manner. It conveniently fits in your white coat pocket so you can carry it around with you in the hospital to use during any periods of downtime (e.g. between cases). I wouldn't use this as the sole resource for shelf exam prep, but it definitely includes the most high yield information and has really great practice questions in the back to help monitor your progress in mastering the material. I felt like this book along with Case Files-Surgery, Uworld surgery questions, and supplemental reading from the red NMS book (did not read NMS cover to cover) provided adequate study material in order to perform well on the surgery shelf.

This book is great for a quick intro to a surgical rotation; it will answer many of the 'dumb' questions that you won't want to ask your superiors. For the shelf exam, it represents the absolute minimum you need to know, and you should seek more detail elsewhere if you want to ace it.

Great overview of the things you need to know for your surgical rotation as a student. It focuses on the medicine aspect of surgery; it does not go heavily into detail on associated labs studies, imaging studies or types of surgical procedures needed. I'm a PA student but I know for the medical shelves and my EOR exams the questions are all medicine based anyway. There are also more than 100 questions in the back which helped integrate the material. Good for the price and for an introduction

to surgery; not a great resource for those that want to go into it.

Wasn't as high yield as people think it is, in my opinion. I scored 95 on the shelf using Toronto Notes, and Uworld. His audio files are pretty thorough (but dry). The book itself on it's own will not get you a high score (but who knows, it's also an element of luck as well!).

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